

VFW Dept. of Oregon

2025-26 Commander Bert Little and

President Denise Keeton

Special Project: Guitars 4 Vets



V F W
N A T I O N A L H O M E



Guitars 4 Vets is a music therapy program that helps veterans cope with PTSD and other challenges by providing free guitar lessons and instruments, promoting emotional well-being through the power of music.

Why it matters:

- Music enables expression beyond words, helping veterans process trauma & reconnect with emotions.
- Studies highlight music's role in reducing anxiety, improving mood, and combating PTSD.
- Many veterans find isolation after service; G4V replaces that with meaningful connections and shared experiences.

To donate online: vfwnationalhome.org/donate

In comment section type "Guitars 4 Vets"

To mail in a donation: VFW National Home

3573 S. Waverly Rd.

Eaton Rapids, MI 48827

In memo line write: "Guitars 4 Vets"

Direct questions to Donor Relations: 866-483-9642